

Stellar™ 150 Ventilator Cleaning Guide

Item	Daily	Weekly	Monthly
Mask	Wash by hand with mild soap* Rinse thoroughly and allow to dry Ensure expiration ports are patent (open) before use and perform an airflow check at start of therapy		
Mask Cushion	Wipe with clean damp cloth and mild soap* Rinse with lukewarm water and air dry.	<i>Did you know?</i> You may not always have to replace your entire mask when you find it does not seal well. Check and see if you can simply replace the mask cushion instead.	*Mild Soap is soap with NO emollients or antibacterial ingredients
Head Gear	<i>Did you know?</i> Your head gear will continue to fit better and last longer if you avoid stretching straps each morning when you take your mask off. Unclip fasteners to the mask and then remove headgear.	Wash by hand with mild soap* or place in a pillow case and wash in gentle cycle of washing machine with mild soap*	
Hose		Remove tubing from the device and mask Wash the air tubing in warm water using mild soap* Rinse thoroughly and hang to dry.	<i>Did you know?</i> If you hang air tubing to dry in direct sunlight it will harden over time and may eventually crack.
Humidifier	Check that Stellar™ 150 ventilator and humidifier is turned off. Lift up cover plate to remove water chamber. Drain water from water chamber each morning and clean with warm water and mild soap* Use the yellow cleaning plug to create seal as you shake the warm soapy water throughout the chamber. Remove plug to rinse chamber clean. Refill with distilled water before each use. See back of this sheet and manufacturer's instructions for more information.	Lift cover plate and remove water chamber. Wipe heater plate and humidifier cover with damp cloth and mild soap Disassemble water chamber according to manufacturer's instructions. Fill cleaning plug to the rim with vinegar and pour into water chamber. Add water to chamber to reach max fill line for a 1: 10 ratio of vinegar to water. Let solution soak for 10 minutes. Empty chamber and rinse with clean water. Alternatively you may place in dishwasher on top shelf , gentle cycle if you have a water chamber with removable plate.	<i>Did you know?</i> To assist the heater plate in cooling, some air will continue to blow gently for up to an hour after treatment has stopped. You can unplug the device from the power outlet to stop this airflow. ²
Air Filter	Do not wash	Do not wash	Inspect monthly to check for dirt or if any holes Replace every six months or more if necessary (ResMed part number 24933)
Machine	Be sure to unplug the power cord from power outlet when cleaning your equipment!		Wipe the exterior of the machine with a damp cloth and mild soap*

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Photo Courtesy of ResMed Stellar™ 150 Education Power Point 2012



Step 1.
Lift humidifier cover and remove water chamber.

Step 2.
Remove spill guard from water chamber.



Step 3.
After adding vinegar and water solution, insert yellow cleaning plug and shake to coat inner surface of water chamber.



Step 4.
Once dry, replace water chamber and close humidifier cover. Reconnect your humidifier, tubing and mask.



Note: If your water chamber has a removable metal plate, you may place the water chamber in the dishwasher for cleaning.

Disclaimer
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References

1. ResMed Stellar™ 100 Stellar™ 150 Invasive and Non-Invasive Ventilators User Guide
2. ResMed H4i™ Heated Humidifier User Guide
3. ResMed H4i™ Cleanable Water Chamber Instructions